

In the **Q**: MedQuarter's Speak Up Series on End-of-Life Planning Continues with April 16th Event

in Conjunction with National Healthcare Decisions Day



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By all measures, last year's three Speak Up Series events were successful. After reviewing the events and feedback from the 400+ who participated, the MedQuarter recognized that the community is craving more information on end-of-life planning. Specifically, more information about what palliative and hospice care are and what steps need to be taken to draft an advance care directive.

With National Healthcare Decisions Day on April 16, the MedQuarter set out to plan an event in conjunction with this national effort aimed at inspiring, educating and empowering the public and healthcare providers about the importance of advance care planning.



James Bell, MD



Ken Cearlock, MD

Join us April 16 for an informative and educational presentation from 6:30 - 7:15 p.m. Cedar Rapids physicians James Bell, MD, and Ken Cearlock, MD, will discuss the differences between hospice and palliative care and help participants explore individual choices for end-of-life care.

This event will take place at First Lutheran Church, 1000 3rd Ave SE, Cedar Rapids. It is free and open to the public.

For more information about National Healthcare Decisions Day, go to www.nhdd.org. I hope to see you on April 16th!



Speak Up Series Workshop