

1 DISTRICT – 4 Easy Ways to Visit

The MedQ is always looking for new ways to make the businesses and services in our area more accessible—whether you're travelling by car, bus, bike or on foot. View current transportation routes at: www.cedar-rapids.org/residents/city_buses/routes.php



KEY

- WALKING**
— MedQ Mile
- BIKING**
— Bike Protected Lane
— Suggested On-Street Route
- Greenspace



Relax in a MedQ Pocket Park
These beautiful green spaces give visitors and employees a peaceful place to enjoy the outdoors.

- Bike Safety Tips:**
- Follow the posted traffic signs and signals, just like a car would.
 - When passing other bikers and pedestrians on the trails, signal by calling "Passing on the left/right!"
 - Wear a helmet and use front and rear lights when driving at night.

MedQQUARTER
Regional Medical District™

Quality healthcare has its place.

TheMedQ.com



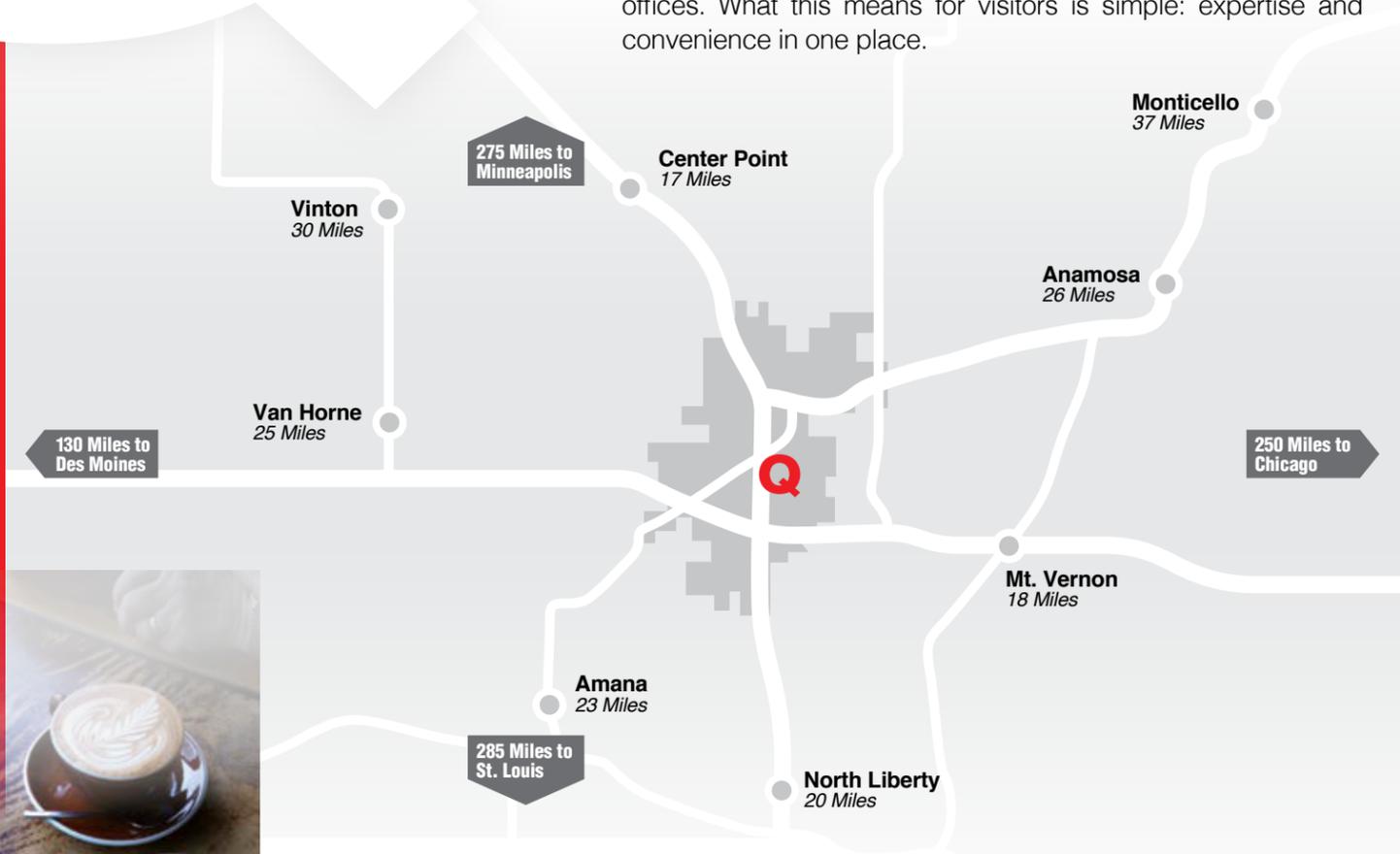
Quality healthcare has its place.

and a lot more...



Welcome to the MedQuarter Regional Medical District in Cedar Rapids, Iowa. Whether you're visiting the district for a medical appointment, or enjoying dining and entertainment options, there are many things to do and see while you're here.

As you visit this unique district in the heart of Cedar Rapids, we invite you to experience our diverse mix of exceptional healthcare services, specialists and clinics as well as a host of other businesses including retail, services, restaurants and offices. What this means for visitors is simple: expertise and convenience in one place.



TIP: Relax with a latte and WiFi at one of the coffeeshops in the MedQuarter, or look for a pocket park to find an area to relax outdoors.

What makes the MedQuarter Regional Medical District unique?

The medical district was formed to promote a dynamic urban medical community that improves quality of life and acts as a catalyst for economic development in the area.

A coordinated approach among medical providers yields patient-centered care that results in excellent medical outcomes as well as quality family experiences in a convenient, affordable and friendly setting.

CULTURAL ATTRACTIONS

- 44 713 1st Avenue SE
Cedar Rapids Fire Department Historical Museum
- 45 810 2nd Avenue SE
Grant Wood Studio
- 46 800 2nd Avenue SE
History Center
- 47 1200 2nd Ave SE - Lower Level
RHCR Theatre

FAITH-BASED ORGANIZATIONS

- 48 512 6th Street SE
Bethel AME Church
- 49 1000 3rd Avenue SE
First Lutheran Church
- 50 857 3rd Avenue SE
Immaculate Conception Church
- 51 701 10th Street SE
Our Lady of Mercy Chapel at Mercy Medical Center
- 52 1026 A Avenue NE
St. Luke's Chapel

NON-PROFIT ORGANIZATIONS

- 53 866 4th Avenue SE
Catherine McAuley Center
- 54 1260 2nd Avenue SE
Cedar Rapids Medical Education Foundation
- 55 813 1st Avenue SE
Grand Lodge of Iowa Linn County Genealogical Society
- 56 1216 2nd Avenue SE
Iowa Harm Reduction Coalition
- 57 1026 A Avenue NE
Juvenile Diabetes Research Foundation

Continued

- 58 1214 2nd Avenue SE
Living Room Ministries
- 59 1000 3rd Avenue SE
Lutheran Services in Iowa Mental Health Services
- 60 420 6th Street SE
Mercy's Sister Mary Lawrence Community Center
Boys & Girls Club
Catholic Charities
Gems of Hope
Kids First Law Ctr.
Metro Catholic Outreach
Young Parents Network

RESTAURANTS AND FOOD SERVICES

- 61 1026 A Avenue NE
TIES Program
- 62 1271 1st Avenue SE
Brewed Awakenings Coffeehouse
- 63 1026 A Avenue NE
Java City
UnityPoint Health Café
- 64 327 7th Street SE
Brothers Catering
- 65 202 10th Street SE, Suite 105
Caribou Coffee
- 66 1117 1st Avenue SE
Daisy's Garage Kitchen & Bar
- 67 834 1st Avenue NE
Grey's Pub
- 68 616 5th Avenue SE
Kathy's Pies
- 69 701 10th Street SE
Baggot St. Bistro at Mercy
Mercy Uncommon Grounds
- 70 216 8th Street SE
Phong Lan Vietnamese

Continued

- 71 836 1st Avenue NE
Riley's Cafe
- 72 624 1st Avenue NE
Taco Bell
- 73 1125 1st Avenue SE
Via Sofia's Italian Kitchen

RETAIL STORES

- 74 625 1st Avenue SE
All-American Bullion & Coins
- 75 1221 1st Avenue SE
Art Cellar
- 76 1201 1st Avenue SE
Casey's General Store
- 77 701 10th Street SE
Hall-Perrine Cancer Center Gift Shop
- 78 808 3rd Avenue SE
Gilded Pear Gallery
- 79 803 3rd Avenue SE
Jeff Jones Furniture
- 80 701 10th Street SE
Mercy Gift Shop
- 81 803 2nd Avenue SE
Saigon Market
- 82 1026 A Avenue NE
St. Luke's Gift Shop

SERVICES

- 83 1245 1st Avenue SE
AAVIN Equity Advisors, LLC
- 84 700 1st Avenue NE
Bank of the West
- 85 1233 1st Avenue SE, Suite A
Better Business Bureau
- 86 817 2nd Ave SE
Bimm Ridder Sportswear
- 87 615 1st Avenue SE
Cedar Rapids Day School

Continued

- 88 838 1st Avenue NE
Citywide Cleaners
- 89 1233 1st Avenue SE, Suite F
CRPD Substation
- 90 205 10th Street SE
Firestone Complete Auto Care
- 91 866 1st Avenue NE
Gerald K. Kucera Attorney at Law
- 92 858 1st Avenue NE
Graham Construction Company
- 93 1233 1st Avenue SE, Suite E
Healthy Systems USA
- 94 625 1st Avenue SE
KMB Property Management
- 95 808 3rd Avenue SE
kôr
- 96 866 1st Avenue NE
Luneckas Law P.C.
- 97 111 13th Street SE
LVY Massage
- 98 1021 3rd Avenue SE
Margaret Bock Housing
- 99 866 1st Avenue NE
Mark L. Chipokas PC
- 100 1225 1st Avenue SE
McDonald's Franchise Office
- 101 722 5th Avenue SE
Paramount Health Options
- 102 1229 1st Avenue, SE
Republic Abstract & Settlement LLC
- 103 1200 2nd Ave SE - Upper Level
Studio Reserved

HOSPITALITY

- 104 845 1st Avenue SE
Ausadie Building



- ### PHARMACIES
- 27 402 10th Street SE
CarePro Compounding
 - 28 202 10th Street SE, Suite 115
Pavilion Pharmacy
 - 29 327 7th St SE
CarePro Warehouse
 - 30 1030 5th Avenue SE, Suite 1800
Medical Pharmacy
 - 31 1026 A Avenue NE
UnityPoint Health -
St. Luke's Pharmacy

- ### MEDICAL/ DENTAL EQUIPMENT, SUPPLIES & SERVICES
- 32 402 10th Street SE
CarePro Home Care
CarePro Home Infusion
CarePro Home Medical
 - 33 202 10th Street SE, Suite 117
CarePro Home
Medical - Pavilion
 - 34 202 10th Street SE, Suite 160
Clark & Associates
Prosthetics & Orthotics
 - 35 628 5th Avenue SE
Dental Equipment
& Supply
 - 36 402 10th Street SE
Fittings Unlimited
The Nurse's Station

- ### DENTAL
- 37 866 5th Avenue SE
Hanger Clinic Orthotics
and Prosthetics
 - 38 835 3rd Avenue SE
Eastern Iowa Oral &
Maxillofacial Surgery
 - 39 855 A Avenue NE
St. Luke's Dental
Health Center
 - 40 701 10th Street SE
Mercy Hallmar
 - 41 1050 4th Avenue SE
St. Luke's Living
Center West

- ### EYE
- 42 510 10th Street SE
Iowa EyeCare
 - 43 625 1st Avenue SE
Marcella Optical

KEY

- Hospitals
- Medical Offices & Centers
- Pharmacies
- Medical Equipment, Supplies & Services
- Dental
- Extended Care/ Nursing Homes
- Eye
- Cultural Attractions
- Faith Based Organizations
- Non-profit Organizations
- Restaurants and Food Services
- Retail Stores
- Services
- Hospitality
- Greenspace
- Parking Ramps
- Skywalk
- Parking
- Valet Parking
- Emergency Room

- ### HOSPITALS
- 1 701 10th Street SE
MERCY MEDICAL CENTER
Birthplace & Neonatal Intensive Care Unit (NICU)
Emergency Room
Linn County Emergency Medicine, PC
Mercy Healing Center
Mercy Medical Center Foundation
Pain Management Clinic
Pediatrics
Pre-Admission Surgical Evaluation (PASE)
Women's Center
 - 2 1100 11th Street NE
ST. LUKE'S CENTER FOR WOMEN'S AND CHILDREN'S HEALTH
Birth Center, Pediatrics & Neonatal Intensive Care Unit (NICU)
 - 3 1026 A Avenue NE
UNITYPOINT HEALTH - ST. LUKE'S HOSPITAL
East Central Iowa Acute Care
Emergency Room
Pain Clinic
SurgiCare
UnityPoint Clinic
Neuro Surgery

- ### MEDICAL OFFICES & CENTERS
- 4 701 10th Street SE
MERCY'S HALL-PERRINE CANCER CENTER
Especially For You
Race Office
Hall Radiation Center
Mercy Urology Clinic
Oncologic Surgery
Oncology Associates at Mercy
 - 5 202 10th Street SE
PHYSICIANS' CLINIC OF IOWA MEDICAL PAVILION
Envisions Medical Spa
Forefront Dermatology
Physicians' Clinic of Iowa
Allergy
Audiology
Ear, Nose & Throat/ Head & Neck Surgery
Family Practice/ Speciality Care Now
Hematology & Oncology
Imaging
Internal Medicine/ Health Transitions Clinic
Laboratory
Neurology & Sleep Medicine

- 5 Continued
Orthopedics
Podiatry
Osteoporosis & Bone Health
Physical Medicine & Rehabilitation
Physical & Occupational Therapy
Plastic & Reconstructive Surgery
Rheumatology
Surgical Specialists
- Cardiothoracic
- General
- Vascular
Urology
UnityPoint Health - St. Luke's Cardiology Clinic
UnityPoint Health St. Luke's - Breast & Bone Health
UnityPoint Health St. Luke's - STAR (Surgical Screening Admission Registration)
- 6 202 10th Street SE
ST. LUKE'S NASSIF RADIATION CENTER
- 7 1075 1st Avenue SE
SURGERY CENTER CEDAR RAPIDS

- 8 855 A Avenue NE
Cosmetic Solutions
Laser & Skin Care Center
MedLabs
OB-GYN Associates, P.C.
St. Luke's Foundation
UnityPoint Clinic Fetal & Maternal Health
UnityPoint Clinic Multi-Specialty
UnityPoint Clinic Pediatric Cardiology
UnityPoint Clinic Pediatrics
- 9 627 1st Avenue SE
MedLabs
- 10 700 1st Avenue NE, Suite 200
Recover Health
- 11 830 1st Avenue NE
St. Luke's Therapy Plus
St. Luke's Work Well Clinic
- 12 1233 1st Avenue SE, Suite D
SYNERGY HomeCare of Cedar Rapids

- 13 830 4th Avenue SE
UnityPoint Clinic Family Medicine
MedLabs
- 14 1002 4th Avenue SE
DaVita Dialysis
UnityPoint Clinic Diabetes and Kidney Center
- 15 716 5th Avenue SE
John Wollner, MD
- 16 811 5th Avenue SE
Cedar Rapids Neurologists, PC
Family Physicians of Cedar Rapids
- 17 1030 5th Avenue SE
Eastern Iowa Health Center Admin Offices
Tanager Place Services
- 18 543 7th Street SE
MercyCare Internist Associates of Iowa & Nephrology

- 19 600 7th Street SE
Eastern Iowa Sleep Center
MercyCare Alberts/ Cahalan
MercyCare Health Partners
MercyCare Medical District
Mercy Outpatient Cardiac, Pulmonary & Physical Rehabilitation Services
- 20 411 10th Street SE
University of Iowa Hospitals & Clinics Dermatology
Family Practice - Mary Anne Nelson

- 20 Continued
University of Iowa Stead Family Children's Hospital Pediatrics - Cedar Rapids
Weland Clinical Laboratories
- 21 701 10th Street SE
Cedar Neurological Surgeons, P.C. - Dr. Chad Abernathy
Mercy Pediatric Clinic
Neurosurgery - Dr. Loren Mouw
- 22 515 7th Avenue SE
Chiropractic Health Care Associates, P.C.

- 23 500 8th Avenue SE
Family Medicine Specialists, P.C.
- 24 788 8th Avenue SE
Cedar Rapids Ob-Gyn Specialists
Innovative Aesthetics Medical Spa and Laser Center
Mercy Cardiology Clinic
Mercy Cardiothoracic & Vascular Clinic
Mercy Gastroenterology Clinic
Mercy General Surgery Clinic
Mercy Pediatric Cardiology Clinic
Mercy Pulmonology Clinic
- 25 901 8th Avenue SE
Family Caregivers Center of Mercy
Mercy Ear, Nose & Throat Clinic
- 26 931 8th Avenue SE
UnityPoint Health - St. Luke's Gastroenterology