

## In the **Q**: Two New Restaurants Open in the MedQuarter



**Phil Wasta**  
MedQuarter  
Executive Director

In August, two new restaurants opened in the MedQuarter offering even more culinary options in the district.

### **Fusion Restaurant and Mermaid Lounge**

Located at 821 3rd Avenue SE, the former

Daniel Arthur's location, Fusion specializes in Indian and American dishes ranging from a basic cheeseburger to variety of curries. Inside, the atmosphere is warm and inviting and for those who enjoy dining outdoors, there is also a patio area. On my first visit, I had the Baryani - an Indian style rice dish with vegetables and meat. I had mine with beef and it was delicious!

Hours: 10:00 a.m. – 2:00 p.m. and 4:30 p.m. – 10:00 p.m. Monday through Thursday, 10:00 a.m. - 2:00 p.m. and 4:30 p.m. - 2:00 a.m. Friday - Saturday, Closed Sundays.

Owners: Jawad and Sienna Nawaz

For more information about Fusion Restaurant and Mermaid Lounge go to <http://fusionandmermaidlounge.squarespace.com>.

### **Via Sofia's Italian Kitchen**

Located at 1125 1st Avenue SE, the former Zio Johnno's Spaghetti House location, Via Sofia's has a broad menu ranging from pancakes to manicotti. The newly remodeled space provides a casual, open atmosphere with food that is affordable yet high quality. On my first visit to Via Sofia's, I ordered the tortellini with garlic bread. Both were excellent...the garlic bread was addictive!

Hours: 6:00 a.m. – 10:00 p.m. daily for breakfast, lunch and dinner.  
Owner: John Khairallah

For more information about Via Sofia's Italian Kitchen go to [www.viasofias.com](http://www.viasofias.com).

We welcome you to spend your lunch hour in the MedQuarter. We now have eight restaurants in the district to choose from!



**Fusion Restaurant and Mermaid Lounge**



**Via Sofia's Italian Kitchen**